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The High Price of Multitasking

This article talks about the dangers of multitasking. The author says that with as high-tech as cell phones are we can do many things on them for example check email, social media, text, call, surf the internet, listen to music, and so on, that it has gotten people to the point that when they are driving or even walking, they tend to do this without thinking of the consequences. People believe that they can multitask, what they do not realize is that the brain is not meant to be doing multiple complex things at once like driving and texting or even walking and listening to music the reason for this is that it takes a lot of brain power to focus on a complex task that requires a lot of your attention.

The author wrote an article that was very easy to read and understand. The article started off by talking about the dangers of multitasking whether it be by driving or walking. He then moved on to talk about laws that have been put in place to stop the use of phones while crossing a crosswalk in some places or even while driving in most places. It

was then explained how even using hands-free calling could be bad for you while driving because your talking focuses from your brain that is needed while driving even if it is for a short period. It was even stated that we should pay attention to how must we are not paying attention because of all the distractions we have around us.

Reading this article, the author kind of seems like he is worried about all the distractions. The author makes it feel like we are not doing enough to limit them and even the laws that are in place are not enough to get the people to listen. He says that people will choose to multitask, now this could just be because with how busy people get with their daily life, they have had to learn to do more things at one time. I feel the author thinks the only way to fix it is the people have got to see that doing more than one thing at once is not always the best way to get it done safely or with the best quality.